



New summer activities !!

Learning to Acquire Autonomy Department

Learning to acquire autonomy is a program realized by participation of our members in training sessions and outings.

Visual Arts

Friday 10:00 AM to 12:00 PM

Through arts and crafts, participants will develop their creativity through the exploration of different media and techniques. This training session is also an opportunity to socialize and to create individual or collective artworks.

Starts: June 22nd - 8 sessions

Cost: \$ 80

Social Participation Department

The objective of the social participation department is to equip persons with an intellectual handicap with skills that will facilitate their social integration, as well as to encourage them to act as active and responsible citizens.

My Neighbourhood Network

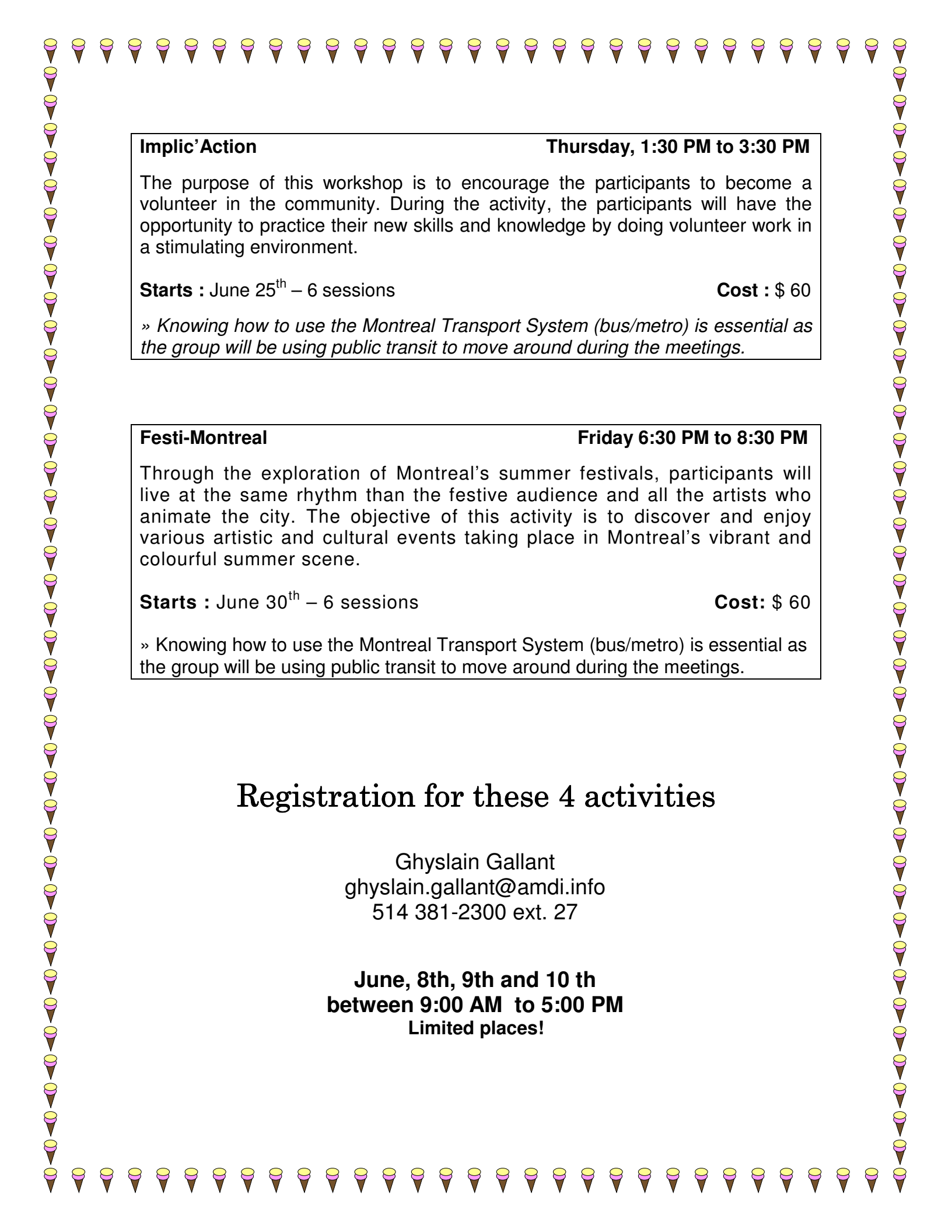
Friday 1:30 PM to 3:30 PM

The purpose of this workshop is to accompany the persons with an intellectual handicap as they learn to use the different services available in they neighbourhood. The participants will visit such places like the municipal library, the sports and recreation community center and the cultural center. This workshop is a trampoline to an active social participation within the person's own neighbourhood.

Starts: June 26th—6 sessions

Cost: \$ 60

» Knowing how to use the Montreal Transport System (bus/metro) is essential as the group will be using public transit to move around during the meetings.



Implic' Action

Thursday, 1:30 PM to 3:30 PM

The purpose of this workshop is to encourage the participants to become a volunteer in the community. During the activity, the participants will have the opportunity to practice their new skills and knowledge by doing volunteer work in a stimulating environment.

Starts : June 25th – 6 sessions

Cost : \$ 60

» *Knowing how to use the Montreal Transport System (bus/metro) is essential as the group will be using public transit to move around during the meetings.*

Festi-Montreal

Friday 6:30 PM to 8:30 PM

Through the exploration of Montreal's summer festivals, participants will live at the same rhythm than the festive audience and all the artists who animate the city. The objective of this activity is to discover and enjoy various artistic and cultural events taking place in Montreal's vibrant and colourful summer scene.

Starts : June 30th – 6 sessions

Cost: \$ 60

» *Knowing how to use the Montreal Transport System (bus/metro) is essential as the group will be using public transit to move around during the meetings.*

Registration for these 4 activities

Ghyslain Gallant
ghyslain.gallant@amdi.info
514 381-2300 ext. 27

June, 8th, 9th and 10 th
between 9:00 AM to 5:00 PM
Limited places!

Family Support Department

This department offers concrete support to parents and families in need of a helping hand. The type of support available will vary and depend on the situation and needs.

Family Cruise!

Sunday, July 5th

Catch a glimpse of history by doing a boat cruise on «Le Cavalier Maxime.» The participants will navigate to the Boucherville's Islands and enjoy a trip lead by a guide dressed up and acting like a New-France's character. A friendly lunch will conclude the activity.

Meeting time : 3:30 PM

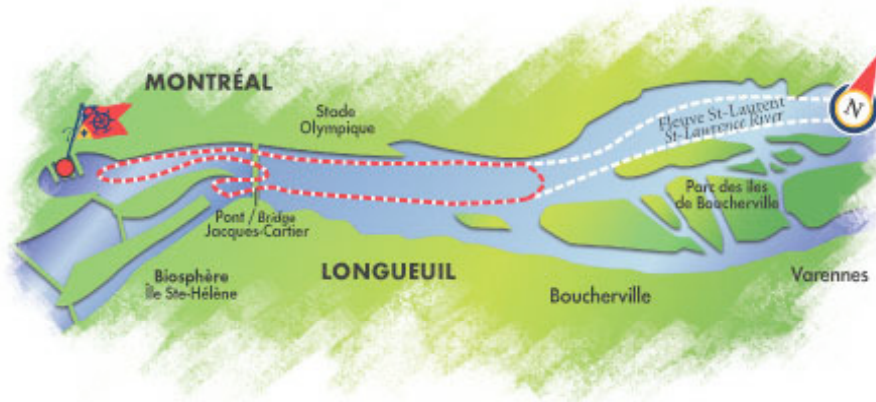
Cost: \$16

Cruise departure : 4:00 PM

Lenght : 1 hour

Meeting point : King-Edward's Quai , Vieux-Port de Montréal.

Itinerary of the boat cruise



For registration

Liliana Ponce de Leon
liliana.ponce@amdi.info
514 381-2300 extension 30

Before June 15th
Limited places.